



Shop 19 / 35 Sanderson Road Lesmurdie WA 6076  
Mobile - 0481 874 152

**FALLS ROAD PRIMARY SCHOOL**  
**LUNCH MENU**  
**Tuesday and Thursday**

**Sandwiches and Rolls**

	Roll	Sandwiches (White or Wholemeal)	Wrap
Egg & Mayo	\$4.50	\$4.00	/
Egg, mayo & salad	\$5.00	\$4.50	\$4.50
Cheese & salad	\$5.00	\$4.50	\$4.50
Chicken & salad	\$5.50	\$5.00	\$5.00
Ham & salad	\$5.50	\$5.00	\$5.00
Salad	\$4.50	\$4.00	\$4.00
Cheese & vegemite	\$4.00	\$3.50	/
Chicken & mayo	\$4.75	\$4.25	/
Tuna, mayo & salad	\$5.00	\$4.50	\$4.50

**Toasted Sandwiches**

	Toasted sandwich (white or wholemeal)	Toasted Roll
Cheese	\$4.00	/
Tomato & cheese	\$5.00	/
Ham & cheese	\$5.00	/
Ham, cheese & tomato	\$5.50	/
Chicken & cheese	\$5.50	/
Chicken, cheese & avocado	\$6.00	/
Chicken schnitzel & lettuce	/	\$6.00
Ham, cheese & pineapple	\$5.50	/

**Hot food**

Ham and cheese quiche	\$4.25
Ham and cheese frittata (gluten free)	\$4.25
Spaghetti Bolognese	\$5.50
Homemade Gnocchi with Napoletana sauce	\$5.50
Chicken schnitzel with roasted potato	\$6.90
Bolognese Arancini (rice balls)	\$6.90
Chicken burger	\$7.50
Beef burger	\$7.50
Homemade Sausage Roll	\$3.50
Homemade Beef Lasagna	\$6.00
Soup of the day with toast or garlic toast (Term 2 - 3 only)	\$6.00

### Sides

Garden salad	\$4.00
Fresh Fruit Salad	\$4.00

### Drinks / Yoghurt

Juices (Apple or orange)	\$3.00
Flavoured milk (Strawberry or chocolate)	\$3.50
Strawberry or Vanilla yoghurt	\$3.00

### Information

All our meals are prepared in the house every day using as much as possible local and fresh produce. We are focus on providing healthy and fresh meals and are willing to match specials request. We only use WA's meat, dairy and eggs. All our salads are made using fresh ingredient. In order to have a healthy menu in our cooking we only use Extra virgin olive oil\*(chicken schnitzel, arancini excluded) and unsalted butter. Please let us know if there is any case of severe food allergy or intolerance. We are happy to hear your feedback: if you think we could improve our menu making it healthier please talk to us.

**Ham and cheese quiche** - short crust pastry, ham, spinach, cheddar cheese, egg, milk and cream

**Ham and cheese frittata** -Ham, spinach, cheddar cheese, egg, milk, cream (Gluten free)

**Spaghetti bolognese** - Spaghetti pasta, bolognese sauce (onion,carrot, celery, tomato, WA's beef mince), parmesan cheese

**Homemade Gnocchi** – potato, flour, egg, Napoletana sauce (tomato, basil sauce)

**Chicken Schnitzel** - chicken breast, bread crumb, egg, milk (pan fried in canola oil, then baked to release the excess oil making it healthier) served with homemade bake potato wedges, garlic & rosemary

**Bolognese Arancini** - rice, Bolognese sauce (onion, carrot, celery, tomato, WA's beef mince), bread crumb, egg, milk (pan fried in canola oil, then baked to release the excess oil making it healthier) served with Napoletana sauce.

**Chicken Burger** – Marinated grilled chicken, Rocket, tomato, homemade aioli, New Norcia burger bun

**Beef burger** – Homemade beef patty 110g. (WA beef mince, onion, garlic, egg, bread crumbs), lettuce, tomato, homemade aioli, New Norcia burger bun

**Homemade sausage roll** – Puff pastry, WA beef mince, onion, garlic, carrot, egg, bread crumbs, parsley

**Homemade beef Lasagna** – Pasta, Bolognese sauce, beschamelle sauce (flour,butter milk), parmesan cheese

**Salad** – Lettuce, tomato & carrot

**ORDERS WITH PAYMENT MUST BE PLACED IN THE LUNCH BOX  
BEFORE 9.00AM**