FALLS ROAD PRIMARY SCHOOL

Term 2, Issue 8

24 May 2017

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CHALLENGE THE PRESENT—CREATE THE FUTURE

FROM THE PRINCIPAL

Dear Parents,

Our NAPLAN testing of Year 3 and Year 5 and the testing of our Year 4 and Year 6 students went very smoothly with minimal apprehension. I would like to thank the teachers for their preparation and organisation in facilitating this. Thank you also to parents for ensuring students had a good night's sleep and breakfast.

LONG WEEKEND

Monday 5 June is a holiday – Western Australia Day and the school is closed.

PHYSICAL ACTIVITY

Research shows that less than half of Western Australian primary school children participate in sufficient levels of physical activity for good health. Only 41% of primary school aged boys and 27% of primary school aged girls are getting the recommended 60 minutes of physical activity each day for healthy growth and development.

Encouraging students to walk, cycle, scooter or take public transport to and from school is a great way to boost physical activity levels.

The Physical Activity Taskforce, in collaboration with the Departments of Education, Transport, Health and National Heart Foundation (WA) has produced K-6 teacher resources designed to foster increased active transport for us to use at school.

These materials are designed to complement other annual active transport, walking and cycling promotions. Parents are encouraged to look at ways of increasing the activity level of their children and you can get further ideas and information on their website at

http://www.beactive.wa.gov.au/

SCHOOL DRESS CODE

I would like to ask parents to continue to support our school dress code and send their children to school in full school uniform. I realise that with Swimming Lessons and the onset of Winter this can sometimes be a challenge. Black track pants and hooded jackets are not acceptable. Mrs Longa is very flexible in supporting parents to access school uniforms and we will be contacting parents whose children are not in uniform to clarify the situation and provide support to ensure that every student is in full uniform.

CARPARK SAFETY

We have had a number of alarming reports regarding parking at drop off and pick up times around the school. Earlier in the week an email was sent home reminding parents that the Falls Road car park is not a kiss and drop. We have also received complaints of footpaths being blocked on Connor Road when students are being collected at the end of the day. Shire regulations state that '*No portion of a vehicle shall protrude over or into a footpath*'. Drivers can face fines of up to \$55 per infringement.

School Times

8.40am—3.00pm Tuesday early close 2.30pm

Recess

10.25am-10.45am

Lunch 12.30pm-1.15pm

Dates to Remember

Friday 26 May

Faction Cross
Country

29 May - 9 June

• Swimming lessons

Friday 2 June

• Eagles Fever Cup

Monday 5 June

• Western Australia Day Holiday

Monday 12 June

- Uniform Shop
- P & C Meeting

Friday 16 June

- STIRK Cross Country
- Burger Day

Saturday 17 June

• Despicable Me 3

Tuesday 20 June

- School Board Meeting
- Friday 23 June
- Room 4 Assembly

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BOUNCE BACK

The Bounce Back! Program which the school has adopted aims to help young people function well, both at school and in life through developing their resilience. It provides practical strategies to help them cope with the complexity of their everyday lives and learn how to 'bounce back' when they experience sadness, difficulties, frustrations and challenging times.

Bounce Back covers the key concepts of resilience and wellbeing with age appropriate content in the areas of self-knowledge, social awareness and self-management. The core of this Australian program is the BOUNCE BACK acronym. This acronym helps children and young people to memorise and recall 10 basic coping statements based around positive self-talk.

Bad times don't last. Things always get better. Stay optimistic.

Other people can help if you talk to them. Get a reality check.

Unhelpful thinking makes you feel more upset. Think again.

Nobody is perfect – not you not others.

Concentrate on the positives (no matter how small) and use laughter.

Everyone experiences sadness, hurt, failure, rejection and setbacks sometimes, not just you. They are a normal part of life. Try not to personalise them.

Blame fairly. How much of what happened was due to you, to others and to bad luck or circumstances? Accept what can't be changed (but try to change what you can change first).

Catastrophising exaggerates your worries. Don't believe the worst possible picture.

Keep things in perspective. It's only part of your life.

CYBERSAFETY WEBSITES

The impacts, both positive and negative, of social media are increasing. The following websites provide a wealth of information and strategies which target all facets of the school community (students, parents and teachers).

<u>http://cybersmart.gov.au/</u> (This website is run by the Australian Communications and Media Authority) Cybersmart is a national cybersafety and cybersecurity education program managed by the Australian Communications and Media Authority (ACMA). The program is specifically designed to meet the needs of its target audiences of children, young people, parents, teachers and library staff. Cybersmart aims to:

- Inform children, young people, parents, teachers and library staff about cybersafety issues
- · Educate audiences through information, resources and practical advice
- Empower children and young people to be safe online.

http://icybersafe.com/ (This website is run by Ivanhoe Grammar School in Victoria.)

This website and the resources it provides is designed to support the development of cyber safe actions and attitudes. Its aim is to put appropriate information on the site to assist in ensuring that children are safe online and also to provide a place of reference for Parents and other adult community members.

NEW BOOKS

Term 2 New Release Lexile Books, funded by the P & C, have been accessioned and are on display in the library and available for students to borrow.

BURMA ROAD CROSSING

Unfortunately this crossing continues to be unmanned until further notice from the Traffic Warden.

Regards,

David Ingle

Principal

Stirk Football and Netball

The second round of the Eagles and Fever Cup was played last Friday down at Ray Owen Reserve. The day started off with showers, but by the time the games started, the rain had cleared away with just a few puddles on the oval. All teams did well with both the netball teams and the football team defeating Maida Vale PS and losing narrowly to Walliston PS – see results below.

Netball

Falls Road (Mrs Burns) - Game 1	Falls Road (Mrs Burns) - Game 2	Falls Road (Lane/Gail) – Game 1	Falls Road (Lane/Gail) – Game2
Falls Road PS - 9	Falls Road PS	Falls Road PS	Falls Road PS - 22
defeated	Lost to	defeated	Lost to
Maida Vale PS - 3	Walliston PS by 1 goal	Maida Vale PS by 2	Walliston PS - 26
Best Players		Best Players	
Savannah		Emily	
Tessa		Molly	

Football

Game 1		Game 2		
Falls Road PS – 7 goal 1 points – 43		Falls Road PS – 4 goals 2 point – 26		
defeated		lost to		
Maida Vale PS – 2 goals 0 points – 12		Walliston PS – 5 goal 6 points – 36		
<u>Goals</u>	Best Players	Goals	Best Players	
Steven L - 3	Jacob B	Jacob B – 1	Jakob P	
Jacob B – 2	Steven L	Charles S – 1	Josh C	
Toby L – 1	Damian T	Liam B – 1	Charles S	
Liam B - 1	Jakob P	Josh C - 1	Jedd C	
	Jedd C		Matt D	



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Faction Cross Country

We're looking forward to the Faction Cross Country Carnival this Friday, 26 May. The first race will be the Year 4 Boys and Girls races and we are looking to get underway at 8.50am. They will be followed by the Year 3 races, the Year 2 races and the Year 1 races. We will finish with the Year 5 and Year 6 races. All races will be run prior to recess and presentations will be done in the Moonlight Hall starting at 2.40pm.

Year Level	Distance	
1	500m = 1 lap of the junior track	
2	500m = 1 lap of the junior track	
3	1000m = 1 lap of the senior track	
4	1000m = 1 lap of the senior track	
5	1500m = 1 lap of the junior track + 1 lap of the senior track	
6	2000m = 2 laps of the senior track	

All students who participate in the races will earn points for their faction which will go towards the Cross Country Shield. Additionally, all competitors will earn a faction point for the end of term sausage sizzle. The first 5 placegetters will be selected to represent Falls Road at the Interschool Cross Country on Friday, 16 June at Kalamunda PS.

In-term Swimming Lessons

In-term swimming lessons will start next Monday, 29 May and will be held at St Brigid's Pool. A schedule of lessons along with information about the lessons was sent home on Monday via email. Students will catch the bus on Monday, 29 May.

Any queries about your child's swimming level during lessons should be directed to Virginia Lanza, the swimming lesson coordinator down at St Brigid's Pool.

Basketball Carnival

Yesterday, 22 players represented Falls Road PS in an Interschool Basketball Carnival held at Ray Owen Reserve in Lesmurdie. Falls Road had a Year 5 Boys team, a Year 6 Boys team and a Year 6 Girls team. Many of the students were playing in an organised basketball competition for the first time and everyone acquitted themselves extremely well against teams who had been together for quite a while. Each team won a couple of games each and were more than competitive in other games. It was a great opportunity to play games against some very good teams from other schools. All students displayed great sportsmanship throughout the carnival and had a great time as well as being great ambassadors for Falls Road Primary.



Thank you to Mrs Emma Petrig and Mrs Harris for supervising the teams.

Falls Road Primary Book Swap

The Book Swap Shop is open on a Wednesday afternoon from 3.00 – 3.15pm.

What's happening in Term 2

Faction Cross Country Carnival – Friday, 26 May Stirk Football and Netball - Round 3 – Friday, 2 June In-term Swimming Lessons – Monday 29 May – Friday, 9 June Stirk Interschool Cross Country Carnival – Friday, 16 June

Simon Docherty Deputy Principal

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MERIT CERTIFICATE AWARD WINNERS

Congratulations to our Merit Certificate Award winners who were presented with their Certificates at the assembly on Friday 19 May 2017:

Year	Student	Comment for:
PP	Roxy	Always being a well mannered and helpful member of the class.
PP	Lewis	Caring for his fellow classmates and trying harder when completing work.
PP	Jennifer	Her extraordinary cooking skills and her ability to recall the cooking procedures every week!
PP	Aurelia-Jade	Her fantastic clear and precise news telling about what makes her Mum special. You were amazing!
PP	Lauren	Having a go at writing phonetically and writing within the lines beautifully!
1	Kai L	Trying hard to include spacing in his writing and to make his work of a higher standard. Good effort Kai.
1	Chiara	Always completing work to the best of her ability. Fantastic effort Chiara.
1	Jake	Being more attentive in class and trying to participate in discussion. Well done Jake.
1	Ashlyn	Being a conscientious worker and co-operative class member.
1	Kai G	A great effort when trying to use expression when reading aloud.
1	Cooper	Being able to follow and interpret multi step instructions effectively.
2	Saoirse	Demonstrating immense perseverance in attempting and completing Mathematical tasks.
2	Darcey	Concentrating and applying himself to Literacy tasks. Well done Darcey on completing great sentences.
2	Claire	Always having a positive attitude to her work and for being friendly to everyone in the class.
2	Hamish	Settling into work tasks quickly and for being a friendly, helpful member of the class.
3	Matilda	The positive way she approaches learning and for always being a helpful member of the class.
3	Oliver	His clear reflection on the ways to improve his kite design, using good observation and reasoning skills.
3	Charlotte	Her continued efforts to apply feedback and giving her best effort in learning.
3	Mia	Facing challenges in learning with perseverance and self belief and making greater effort to apply herself.
4	Morgan	Achieving great results in Maths problem solving.
4	Kiani	The fantastic effort she puts into all her work.
5	Brodie	Showing a willingness to participate in class discussions and for taking pride in completing his NAPLAN writing.
5	Francesca	Consistently working to achieve her best in all learning areas. Well done Francesca.
6	Sophie	Being a consistently hard worker who applies herself quickly and quietly to all tasks.
6	Oliver	Using his 'expert' skills and knowledge to manage the sound and lighting at our school ANZAC Service.



Did you borrow a hat from the Sports Shed? Please return to Mr Bennett or the office as soon as possible.



Our **Lost Property** bin is overflowing with drink bottles, lunch containers, school zip jackets and even a size 2 footy boot!! The lost property is located outside the staff room door, please have a look for any items you may be missing.

P & C NEWS

Despicable Me 3

Tickets are selling fast for this great event for the whole family. Tickets are selling this Thursday 25 May before and after school outside the Staff room. Remember it's first in best dressed!

Moonlight Markets—Sea Containers

The sea containers will be open on the following days and times for ease of donations for the Moonlight Markets:

Tuesday 8.15am - 9.30am Thursday 2.30pm - 3.00pm

Entertainment Books are here

Don't forget to order your Entertainment Book.

https://www.entertainmentbook.com.au/orderbooks/9g37388

Uniform Shop

The Uniform Shop will be open on June 12 & 26 from 8.20am until 8.50am. Don't forget that orders with full payment can be left in the office at any time. You can also pay online to the Falls Road P&C Account (number is on the order form) and leave the order form in the office.

Please use the following bank details for uniform orders paid online:

BSB: 633 000 Account: 155 063 613

Please note that ALL orders take a minimum of 3 days to be filled. For online deposits, orders will be filled only after confirmation that funds have been received our Treasurer.

School Banking

School Banking operates every Wednesday morning from 8.15am - 8.40am. New Bankers always welcome! To open an account online, simply go to <u>https://www.commbank.com.au/personal/kids/</u> <u>school-banking.html</u>

On occasion, we have senior students who assist with School Banking. It would be greatly appreciated if all deposit slips could be completed in full with name, amount and bank account number to assist these students.



Did you know Falls Road Primary School P&C is on Facebook - join us at

https://www.facebook.com/fallsroadprimaryschool



COMMUNITY INFORMATION

WAAPA Winter School 2017

These July school holidays WAAPA is offering exciting programs for students in years 4 to 12. The Winter School includes classes in acting, drama, dance, screen acting and music theatre. For information about the many courses on offer please visit <u>WAAPA</u> <u>Winter School Holiday Programs</u> or contact Gabrielle Metcalf at <u>g.metcalf@ecu.edu.au</u> or 9370 6775.



Athletics Holiday Program

Choose any 4 Events Per Day: Sprints (will include crouch starts or block starts), Hurdles, Middle Distance, Javelin, Discus, Shot Put, Long Jump, Triple Jump and High Jump. Date: Monday 3 & Tuesday 4 July 2017. Venue: WA Athletics Stadium, Perth WA. Drop Off: 8.30-8.50am Times: 9am-3pm. Cost: \$90 for one (1) day. \$160 for two (2) days. Includes a Sprinting Fast Cap or Shoe bag also other prizes and giveaways. EARLY BIRD PRICE NOW OPEN Webpage: http://sprintingfast.com/holiday-clinic/ Enrolments close Tuesday 27 June 2017.

