



School Times

8.40am—3.00pm

Tuesday early close
2.30pm

Recess

10.25am-10.45am

Lunch

12.30pm-1.15pm

Dates to Remember

Thursday 26 May

- Life Ed Van

Friday 27 May

- Faction Cross Country

Monday 30 May—

Friday 10 June

- Swimming Lessons

Monday 6 June

- **WA Day—Public Holiday**

Tuesday 7 June

- Uniform Shop Open

Monday 13 June

- P & C Meeting

Friday 17 June

- Stirk Cross Country

Monday 20 June

- Uniform Shop Open

Tuesday 21 June

- BBK's
- Burger Day

Friday 24 June

- Room 9 Assembly

FROM THE PRINCIPAL

Dear Parents,

NAPLAN

Our NAPLAN testing of Year 3 and Year 5 and the testing of our Year 4 and Year 6 students was very smooth with minimal apprehension. I would like to thank the teachers for their preparation and organisation in facilitating this. Thank you also to parents for ensuring students had a good night's sleep and breakfast.

ASTHMA FRIENDLY SCHOOL

We have received our re-accreditation as an Asthma Friendly School. Staff participated in the Asthma Training last Tuesday afternoon and those who were unable to make this session can access it online.

We are in the process of contacting all parents of students with Asthma to advise that they need to provide a Puffer, Spacer and an Asthma Plan signed by a doctor.

This is vitally important because if we don't have the signed plan we are unable to provide the medication and will have to ring the parents to come to school and administer it.



SUNSMART SCHOOL

I am very pleased to announce that our application to be accredited as a SunSmart School was approved last week.

Our good practices and the involvement of students from Mr Winter's class last year in promoting awareness and encouragement were recognised. We will also be encouraging all adults who visit our school for activities such as Sports Carnivals etc, to be SunSmart and wear an appropriate hat.

This accreditation as a SunSmart school is current until May 2018. Supporting resources will be sent shortly, including a large fence sign, certificate, posters, curriculum materials and more. We will keep you informed.

LONG WEEKEND

Monday 6 June is a holiday – Western Australia Day and the school is closed.

PHYSICAL ACTIVITY

Research shows that less than half of Western Australian primary school children participate in sufficient levels of physical activity for good health. Only 41% of primary school aged boys and 27% of primary school aged girls are getting the recommended 60 minutes of physical activity each day for healthy growth and development.

Encouraging students to walk, cycle, scooter or take public transport to and from school is a great way to boost physical activity levels.

The Physical Activity Taskforce, in collaboration with the Departments of

Education, Transport, Health and National Heart Foundation (WA) has produced K-7 teacher resources designed to foster increased active transport for us to use at school.

These materials are designed to complement other annual active transport, walking and cycling promotions. Parents are encouraged to look at ways of increasing the activity level of their children and you can get further ideas and information on their website at :<http://www.beactive.wa.gov.au/>

BOUNCE BACK

The Bounce Back Program which the school has adopted, aims to help young people function well both at school and in life through developing their resilience. It provides practical strategies to help them cope with the complexity of their everyday lives and learn how to 'bounce back' when they experience sadness, difficulties, frustrations and challenging times.

Bounce Back covers the key concepts of resilience and wellbeing with age appropriate content in the areas of self-knowledge, social awareness and self-management. The core of this Australian program is the BOUNCE BACK acronym. This acronym helps children and young people to memorise and recall 10 basic coping statements based around positive self-talk.

Bad times don't last. Things always get better. Stay optimistic.

Other people can help if you talk to them. Get a reality check.

Unhelpful thinking makes you feel more upset. Think again.

Nobody is perfect – not you not others.

Concentrate on the positives (no matter how small) and use laughter.

Everyone experiences sadness, hurt, failure, rejection and setbacks sometimes, not just you. They are a normal part of life. Try not to personalise them.

Blame fairly. How much of what happened was due to you, to others and to bad luck or circumstances?

Accept what can't be changed (but try to change what you can change first).

Catastrophising exaggerates your worries. Don't believe the worst possible picture.

Kep things in perspective. It's only part of your life.

CYBERSAFETY WEBSITES

The impacts, both positive and negative, of social media are increasing. The following websites provide a wealth of information and strategies which target all facets of the school community (students, parents and teachers).

<https://esafety.gov.au/> (This website is run by the Office of the Children's eSafety Commissioner) Here you will find information on cyberbullying, eSafety and other resources.

<https://icybersafe.com/> (This website is run by Ivanhoe Grammar School in Victoria.) This website and the resources it provides are designed to support the development of cyber safe actions and attitudes. Its aim is to put appropriate information on the site to assist in ensuring that children are safe online and also to provide a place of reference for Parents and other adult community members.

Kalamunda Senior High School— Gifted and Talented Education (GATE) Visual Arts Program

Testing for the GATE program - **Year 5 students will need to apply online for the testing towards the end of this year (2016) for entry to the program in Year 7, 2018** - parents can register their interest at anytime and be on the gifted and talented mailing list. Visit the School's website for more information on the program at www.kalamundashs.wa.edu.au.

The Year 5 Visual Arts workshops will be happening at Kalamunda SHS again in Terms 3 and 4 this year. Application for the workshops will be coming out soon.

Regards,

David Ingle
Principal

DEPUTY NEWS

Life Education Van

The Life Education Van is at Falls Road this week. It is located in the Staff car park just outside the Art Room. Each class from Kindergarten right through to Year 6 will visit the Life Education Van to participate in some 'hands-on' health activities relating to topics relevant to their year level.

Faction Cross Country

A reminder that the Faction Cross Country Carnival is taking place this Friday, 27 May. The first event will be held at 8.50am and the carnival should be finished by 10.30am. The first race will be the Year 4 boys and girls races, followed by the Year 3s, Year 2s, Year 1s and then the Year 5s and 6s. This year, the Year 2s will be participating in the Stirk Cross Country, so the first 5 boys and girls in the Year 2 races will be invited to the Stirk Cross Country.

There is an expectation that all students participate in the Cross Country even if they walk the course for their year level. Students not taking part should have a note explaining why they aren't participating.

Only students who take part in the Faction Cross Country will be eligible for the Stirk Cross Country team, except under exceptional circumstances (eg. Illness, absent from school with reason).

It is a good idea to bring some spare socks as the ground may be wet!

In-term Swimming Lessons

In-term swimming lessons will start next Monday 30 May and will be held down at St Brigid's Pool. Students will walk to the pool if the weather is fine, but we will have a bus on standby if the weather is either exceptionally cold or wet. Please return swimming forms and permissions to the office. **There will be no swimming lessons on Monday 6 June due to the WA Day Public Holiday.**

Any queries about your child's swimming level during lessons should be directed to Virginia Lanza, the swimming lesson coordinator down at St Brigid's Pool.

Falls Road Primary Book Swap

The Falls Road **Book Swap Program** is happening **every Wednesday morning from 8.15am to 8.40am** in the LOTE (Italian) Room. **Come in and swap some of your old books.**

We are still looking for **BOOK DONATIONS** for our Book Swap Program. Books can be aimed at students from Kindergarten right through to Year 6. We would ask that books are in reasonable condition. Books can be dropped off to either Inger Johnston or Simon Docherty.

What's happening in Term 2

Tuesday 24 May – Friday 27 May

Friday 27 May

Monday 30 May – Friday 10 June

Friday 17 June

Friday 24 June

Monday 27 June

Wednesday 29 June

Life Education Van

Faction Cross Country Carnival

In-term Swimming Lessons

Stirk Cross Country

Excellence Assembly

Eagles/Fever Cup – Round 2

Reports go home

Year 3/4 Soccer/Netball Carnival

Simon Docherty
Deputy Principal

MERIT CERTIFICATE AWARD WINNERS

Congratulations to our Merit Certificate Award winners who were presented with their Certificates at the assembly on Friday 20 May 2016:

Year	Student	Comment for:
PP	Grace Bailey	Improving so much in her concentration and getting her work done in time. Keep it up!
PP	Andre Pigram	Forming all of his numbers to 20 correctly and counting to 109! You are a valued member of Room 3.
PP	Amelie Bevan	Sharing her happy disposition with her class mates and always doing her best in all activities!
PP	Tonina Ji	Her enthusiasm in contributing to class discussions and her amazing knowledge about dinosaurs!
PP	Kynan Carstairs	Being a kind and caring class member and his enthusiasm when participating in music and dance!
1	Liam Van Wyngaard	Being engaged and focussed during the Indian presentation.
1	Ava Pownall	Completing some good writing in her recounts and trying hard. Well done Ava
1	James Wilson	Trying to improve in the presentation of his work. Great job James.
1	Jack Farrow	A positive attitude towards oral language activities.
2	Daemyn McKay	A great effort when completing Maths activities.
2	Adam Ingram	Effective use of thinking skills in all learning areas.
2	Charlotte Copeland	Her dedication and perseverance in her attempts to improve her Literacy skills. Your improvement is amazing Charlotte, well done!
2	Ryan Abeleira	His fantastic recount about his visit to the Fremantle Maritime Museum. Well done!
3	JJ Camp	The progress he is showing in his writing and the great problem solving he has done.
3	Raf Leppers	The great effort he has put into solving his Maths word problems. Well done!
3	Cassidy Bottrell	Demonstrating perseverance in Mathematics.
3	Charlotte Inman	Her good use of evidence when making inferences about a visual story.
4	Melanie Biciancin	Settling into her new class / school and working very hard to achieve her personal best in all areas of learning.
4	Andrew Ross	Always working to the best of his ability and showing exceptional manners to everyone.
5	Kiara Vivian	Always having a wonderful attitude and for constantly giving 100%.
5	Sophie Stockmayer	Her excellent expository text on the Earth, sun and the Moon!
6	Jordan Stone	Her enthusiastic approach to her Science learning. Jordan is developing her Scientific knowledge through questioning and active participation. Well done!
6	Jaime Daly	Your persistence and improvement in persuasive writing. Your writing about sharks was excellent.

If your child is absent please phone the school on 9291 8200 or email us at fallsroad.ps@education.wa.edu.au.

Certificate of ExcellenceAwarded to: **Chelsea Price Year 4**For excellent results in: *“knowing all her tables up to 10 x 10 after being tested by Mr Ingle.”*Australia Day WA
Aussie of
the Month**Aussie of the Month**Congratulations to **Deveryn Stillisano** our May Aussie of the month for:*“Showing care for others in the playground”***From the School Nurse**

Many Australian children are starting the day with breakfast products that contain too much **salt and sugar**, adding plenty of kilojoules, but little nutritional value to their daily food intake. Visit the link for more information: <https://www.vichealth.vic.gov.au/media-and-resources/media-releases/sugar-rush-popular-breakfast-products-not-a-good-start-to-the-day>.

Student Update Forms

We still have a number of Student Update Forms that need to be returned. Please complete these and return to the office as soon as possible. If you require a replacement form, contact the office.

Knight Owl Quest

The Knight Owl Quest is designed to encourage all Pre Primary and Year One students living or attending school in the Shire to join and regularly visit their local library. Knight Owl Questers are entitled to special membership rewards and are able to access a wide range of reading material at each of the Shire's libraries. The aim is to encourage reading and promote library usage at this important reading stage and to give children a positive experience when visiting the library that will enhance their reading pattern for life! All students in Pre Primary and Year One have been given a pack to take home today.

Payments can be made to the school using the Pay Anyone option through your online bank account.

The account details are as follows:

BSB: 633 000

Account: 154 725 592

Falls Road Primary School – School Account

Please clearly state student's surname, initial and reason for payment in the description.

(e.g. Smith J- Swimming)

Please DO NOT make Uniform payments in this account.

P & C NEWS

Faction Cross Country Tea and Coffee

Come along this Friday and watch the children compete in the Faction Cross Country and have a cup of Tea, Coffee or Milo.

All for a Gold Coin Donation.

We will be situated outside Room 10.

**Election Day Sausage Sizzle**

Falls Road Primary is a Polling Station for the upcoming Federal Election on Saturday 2 July 2016.

The P and C will be holding a Sausage Sizzle on the day with Bacon and Egg Burgers in the morning, Tea and Coffee and Homemade Cakes.

We will need lots of volunteers throughout the day and also donations of eggs and homemade cakes.

More Information will be sent out next week with a return slip.

Book the date and come along and help us use this fantastic opportunity to raise more funds for our wonderful School.

Burger Day

The next Burger Day is scheduled for Wednesday 22 June.

**P and C Meeting**

Our next meeting is scheduled for Monday 13 June commencing at 7.00 pm in the staff room.

New members welcome.

Uniform Shop

The Uniform Shop will be open on Monday 20 June.

Don't forget that orders with full payment can be left in the office at any time. You can also pay online to the Falls Road P&C Account (number is on the order form) and leave the order form in the office.

Please use the following bank details for uniform orders only:

BSB: 633 000 Account: 155 063 613

Please note that ALL orders take a minimum of 3 days to be filled. For online deposits, orders will be filled only after confirmation that funds have been received has been given to me by our Treasurer.

Please be careful when making your direct deposit payments.

Both the P&C and the school have been receiving payments to the incorrect bank accounts.

This is time consuming to rectify and refund.

The P&C only accepts payments for UNIFORM orders.

School Banking

School Banking operates every Monday morning from 8.15am - 8.40am. New Bankers always welcome!

On occasion, we have senior students who assist with School Banking. It would be greatly appreciated if all deposit slips could be completed in full with name, amount and bank account number to assist these students.

Did you know Falls Road Primary School P&C is on Facebook?

Join us at: <https://www.facebook.com/fallsroadprimaryschool>



COMMUNITY INFORMATION

Athletics Clinic

School Holiday Athletics Clinic for boys and girls aged 8 — 16 years. Tuesday 12 and Wednesday 13 July 2016. WA Athletics Stadium. 8.50am-3.00pm. \$85 per day. Or \$150 for both days. Includes a Shoe Bag or Cap. Prizes and giveaways. Choose 4 events per day. More Info: <http://sprintingfast.com/>.

Coming in Term 3!!

After-School Drama Classes for Years 3-6

Term 3 - Improvisation and Skill Development

Term 4 – Rehearse and Perform a Drama Eisteddfod

Venue: Maida Vale Primary - Undercover Area

Taught by Drama Specialist and Actor, Irma McCullen, these classes are excellent for confidence, focus and creative story-telling/performance skills. We will delight in Improvisation, Stage Combat, Mime, Costume, Shakespeare, Monty Python, Voice, Musicals and Movement. For more info and enrolment details irma.actorsworkshop@gmail.com or 0406 640 750.

Kalamunda Senior High School Art Auction

Held in the Graham Watson Gymnasium at Kalamunda Senior High School on 22 July 2016.

Please join us to support the Gifted and Talented Visual Art students fundraiser for their trip to New York. Purchase some top quality artwork created by the students and other talented artists in our community. Light refreshments provided. Donations of artwork up until 18 July are welcome. Please contact Zoe Wittber at zoe.wittber@education.wa.edu.au or phone 9293 6441.